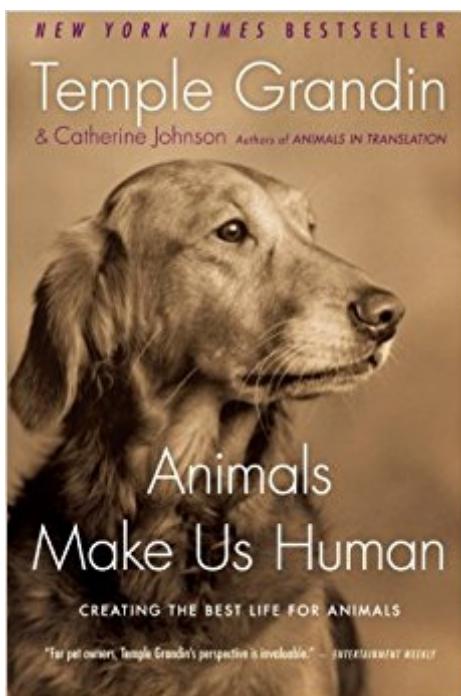The book was found

Animals Make Us Human: Creating The Best Life For Animals

Synopsis

The best-selling animal advocate Temple Grandin offers the most exciting exploration of how animals feel since The Hidden Life of Dogs. In her groundbreaking and best-selling book Animals in Translation, Temple Grandin drew on her own experience with autism as well as her distinguished career as an animal scientist to deliver extraordinary insights into how animals think, act, and feel. Now she builds on those insights to show us how to give our animals the best and happiest lifeÃ¢â¬â•on their terms, not ours. ItÃ¢â¬â„¢s usually easy to pinpoint the cause of physical pain in animals, but to know what is causing them emotional distress is much harder. Drawing on the latest research and her own work, Grandin identifies the core emotional needs of animals. Then she explains how to fulfill them for dogs and cats, horses, farm animals, and zoo animals. Whether itÃ¢â¬â„¢s how to make the healthiest environment for the dog you must leave alone most of the day, how to keep pigs from being bored, or how to know if the lion pacing in the zoo is miserable or just exercising, Grandin teaches us to challenge our assumptions about animal contentment and honor our bond with our fellow creatures. Animals Make Us Human is the culmination of almost thirty years of research, experimentation, and experience. This is essential reading for anyone whoÃ¢â¬â„¢s ever owned, cared for, or simply cared about an animal.

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Customer Reviews

Product Description How can we give animals the best life--for them? What does an animal need to be happy In her groundbreaking, best-selling book Animals in Translation, Temple Grandin drew on

her own experience with autism as well as her experience as an animal scientist to deliver extraordinary insights into how animals think, act, and feel. Now she builds on those insights to show us how to give our animals the best and happiest life--on their terms, not ours. Knowing what causes animals physical pain is usually easy, but pinpointing emotional distress is much harder. Drawing on the latest research and her own work, Grandin identifies the core emotional needs of animals and then explains how to fulfill the specific needs of dogs and cats, horses, farm animals, zoo animals, and even wildlife. Whether it's how to make the healthiest environment for the dog you must leave alone most of the day, how to keep pigs from being bored, or how to know if the lion pacing in the zoo is miserable or just exercising, Grandin teaches us to challenge our assumptions about animal contentment and honor our bond with our fellow creatures. Animals Make Us Human is the culmination of almost thirty years of research, experimentation, and experience. This is essential reading for anyone who's ever owned, cared for, or simply cared about an animal.   A Q&A with Temple Grandin, Author of Animals Make Us Human   Q: In Animals Make Us Human, you discuss a wide range of animals, from dogs to pigs to tigers. Which animals do you enjoy studying and working with the most? A: I've worked with cattle the most, so I really enjoy cattle. I always liked to sit in the pen and let the cattle come around me and lick me--they're really peaceful animals when they're not afraid. But the thing about cattle is they're a prey-species animal and they get scared really easily--and I can relate to that because as a person with autism, fear is my main emotion. So I can relate to how cattle are always hypervigilant, looking for rapid movements, looking for little signs of things that might be danger. Q: How has autism helped you in your work with animals? A: I'm a total visual thinker. And you've got to think about it: animals don't think in language. If you want to understand animals, you must get away from language. Animals are sensory-based thinkers; they think in pictures, they think in sounds, they think in touches. There's no other way that their brains can store those memories. Q: How has your work affected the treatment of animals? A: I've been working on improving the treatment of cattle for years. When I started out in the seventies, people were incredibly rough and abusive with cattle. The thing that kept me going was that there were some really nice people who handled their cattle well, and their cattle had a great life, and so I could see that it was possible to handle animals right. And today many more people are now involved in teaching low-stress stockmanship and good cattle handling. When I started in the early seventies, I was a pioneer in the U.S. on this; nobody else was working on these things. Q: How will this book be useful to people working with cats and dogs in animal shelters? A: People often don't recognize emotions in these animals. I went to a very nice animal shelter recently that had group housing for cats that had tree-like things with platforms and

cubbyholes for the cats to get in, and a very astute worker there noticed that you can have a situation where a cat seems very calm in a shelter, but he's not really sleeping, he's constantly keeping an eye out for another cat. And people need to watch for that kind of situation, because even though it looks peaceful, that one particular cat that never sleeps is going to be stressed out. Also at this shelter, I was very pleased that the amount of dog barking was way less, and I think one of the reasons for this is that every day, every dog is taken out for an hour of quality time, playing and being walked and interacting with a person. That's going to help lower the stress. Dogs need to be taken out every day for quality interaction with a person, exercise, and fun play. Q: What are the things you really like about creating a book like Animals Make Us Human? A: I really enjoyed getting into all the neuroscience information. Another thing I talked about in the book are the problems with not having enough people working out in the field to implement things. We've got policymakers who never work out in the field, and some of the policies can backfire. We need to have more people working in the field. In the wildlife chapter, I talk about who's going to be the next Jane Goodall--we need a lot more of that kind of on-the-ground work. Q: You mention Dr. Nicholas Dodman and some other people in your field. Has anyone in particular been a great inspiration for you? A: One of my big inspirations when I was starting out was a scientist named Ron Kilgore, who studied sheep handling and sheep behavior. At the same time that I was working on cattle handling in the U.S. in the early seventies, Ron Kilgore was doing the same sorts of things in New Zealand. I discovered one of his papers early on, and that really was an inspiration. Q:What do you think of the more extreme animal activists? A: Violence I'm totally against--that's very counterproductive. All that does is make the animal industry go and get more lawyers and more security systems. Demonstrations--sometimes there may be a place for that. In some situations we might have philosophical differences. I eat meat. I get hypoglycemic if I don't eat animal protein. But I feel very strongly that we've got to give the animals a decent life. A woman working at Niman Ranch said that we've got to give animals "a life worth living." These cattle can have a decent life: the cows and the bulls, out on a ranch eating grass. The calves spend half their lives in a feed yard, but they're still outside. Another way I look at it is, those cattle would have never been born, would have never existed, but now that we've made them exist, we've got to give them a decent life. Q: If you could give your book to one person or one group of people so that they could learn more about animal care, who would that be? A: I think any kind of person who works with animals, whether it's a pet owner, a cat owner, people who work with horses, people who work on farms--anyone who works with animals on a daily basis is going to like Animals Make Us Human, and they're also going to like Animals in Translation. Q: Proposition 2 in California just passed. Its aim is to reduce the inhumane

confinement of farm animals by giving them enough room to stand up, turn around, and stretch. What do you think of this, and what do you think the real effects will be? A: Veal stalls and sow stalls we need to get rid of, plain and simple. Putting a sow in a box where she can't turn around for most of her life, that's absolutely not acceptable. Two-thirds of the public have problems with it. With hens and chickens, that's a more complicated issue. It's so much more expensive to put them in systems that are cage-free, and what I'm worried about is the egg industry migrating to Mexico and being a real mess, where we have no controls at all. What people don't realize is that half of the egg industry is liquid egg, which can be easily shipped in those stainless-steel tanks. It's the eggs that go into bread, the eggs that restaurants use...And I'm concerned that that might migrate to Mexico. There needs to be a lot more thought going into how we're going to implement things. What's happening in a lot of fields now--with any issue, not just animal issues--is we're getting more and more policymakers totally separated from the reality of what's happening on the ground, where ideology takes over from practicality. Q: What are your future plans relating to animal advocacy? What is the next issue that you would like to tackle? A: I'm an implementer. Somebody has to work on implementing things. I want to continue working with people on practical guidelines that will result in improvements. I spend a great deal of time working with large meat buyers, because economic forces can often bring about great change. One of the things that should be a major criterion in judging welfare is when there are too many lame animals. And lameness is something I can measure. I want things I can measure. Too often we've got our best and brightest going into policy, and they haven't done anything practical. All I can say is, whatever field you're in, whether it is animals or something else, you need to get out in the field and find out what's going on in the trenches, so that you don't make policies that might have unintended, bad consequences. Get away from the lobbyists, get away from all that, get out and visit farms, visit ranchers, because with a lot of issues, the truth is somewhere in the middle. (Photo Ã Â© Joel Benjamin)

Starred Review. Grandin (Animals in Translation), famed for her decades-long commitment to treating livestock as humanely as possible on its way to slaughter, considers how humans and animals can best interact. Working from the premise that an animal is a conscious being that has feelings, the autistic author assesses dogs, cats, horses, cows, pigs, poultry, wildlife and zoo animals based on a core emotion system she believes animals and humans share, including a need to seek; a sense of rage, fear, and panic; feelings of lust; an urge to nurture; and an ability to play. Among observations at odds with conventional wisdom: dogs need human parents, not alpha pack leaders, and cats respond to training. Discussions of why horses are skittish and why pigs are

arguably the most intelligent of beastsÃ¢â¬â•raccoons run them a close secondÃ¢â¬â•illuminate the intersection of people and more domesticated animals; chapters on cows and chickens focus more generally on animal welfare, particularly the horrific conditions in which they are usually raised and slaughtered. Packed with fascinating insights, unexpected observations and a wealth of how-to tips, Grandin's peppy work ably challenges assumptions about what makes animals happy. (Jan.)

Temple Grandin shares her very profound insights into animal behavior all the way from small domesticated animals through horses and cattle and large wild animals. It was a revelation to me that her work for more humane treatment of animals centers on slaughterhouse methods and even as a vegetarian I applaud her for that. She also has done stellar work in improving the treatment of zoo animals and there are very few animal behaviorists who have her insight.She also explains how her autism has given her these special insights and it's a must-read for anyone with an autistic family member or friend.

As someone who's had animal companions and friends all her life, I'm always eager for more understanding of them. Greater understanding promotes a much healthier and satisfying relationship for both animal and human. I found I was leaving pencil checks in the margins on most pages. It has become my animal bible. Great! Just bought her Animals Make Us Human also. The book's written in an easy to read manner without diminishing the content.

Extremely well written. Dr Temple Grandin has brought an analytical clarity to the subject.Animal behavior specialist struggle with criticism regarding anthromorphism. I suspect that it is just normal animal behavior that has involved into the animal known as human that is being described rather than an anthromphism.When humans decide to raise animals for their benefits, then it became important to provide their basic needs from birth to death and is good business.Dr. Temple Grandin provides a wonderful guide regarding animal behavior and problem solving.Her insights regarding the suppression of patents and the problems with managing the behavior of people when they interface with a complex system was on target.Cattle have to navigate handling systems designed by Dr Grandin, but they are the simpler part of the problem. The more difficult variable is positively influencing the human behavior that interfaces her handling systems.Animals Make Us Human is also a great business guide.

I found her insights to be significant and intelligent. As an animal lover, I have had many different experiences with a variety of animals and found that Temple's read to be accurate and true. It makes you rethink the standard "pack" theory for dogs and makes you look at animals with a new fresh perspective. People who live with animals know that their is a lot more to an animal than an automaton that functions as designed. We know that they are much more complicated than we can even imagine. This book brings you closer to understanding animal behavior and, dare i say it, their "feelings".

I came upon this book by accident. One of my coworkers volunteers at the local animal shelter and she had it. I asked what it was about and her description fascinated me.I've always liked animals of pretty much any kind... except snakes. NOT FOND of snakes due to personal history. However, growing up, I asked for our first pet, a kitten they were giving away on the radio (it sounded like she needed me to take care of her), so I was the Cat Wrangler all the time we had her... and the other three that followed one upon the other.Now I don't know if I understood my cats but I played with them - a lot, fed them, bathed them occasionally (with help, of course), brushed them and changed the litter box faithfully. We were tight, believe me. When they needed to be snuck in the basement bedroom window when it was cold out, I was their GO TO Guy. I can recall many a night as a kid falling asleep on my back with a purring cat tucked in the notch of my left armpit.After reading this book, it made me wish I could go through it all again. I think I would be a better companion to them than I was simply because I would now understand their nature and how it was formed, what their needs are, and what truly makes a cat a happy being.There are sections here on cows, chickens and pigs, and I wasn't sure if I would enjoy reading those parts. Well, once again I found out some things that will make me look into the history of the meat I'm consuming whether it be from my local grocer or the fast food joint or the full-on restaurant. I will try to patronize the places who insisted that the animals that come to them after their end have been treated with at least minimal dignity during their lives.All people yearn to be respected, but it many cases they fail to pass that along to those they encounter, people or other living things. Once you read this book, you will have a different viewpoint on the animals and birds it talks about. You'll understand them a lot more than you did before.. and you'll be better for it.

Animals Make Us Human: Creating the Best Life for Animals Nursing: Human Science And Human Care (Watson, Nursing: Human Science and Human Care) Polymer Clay: The Ultimate Beginners Guide to Creating Animals in 30 Minutes or Less! (Polymer Clay - Polymer Clay for Beginners - Clay

- Polyer Clay Animals - Polymer Clay Jewelry - Sculpture) Make Me the Best Hockey Player (Make Me the Best Athlete) Make Me the Best Soccer Player (Make Me the Best Athlete) Make Me the Best at Track and Field (Make Me the Best Athlete) Little Red Book of Sales Answers: 99.5 Real Life Answers that Make Sense, Make Sales, and Make Money Human Caring Science: A Theory of Nursing (Watson, Nursing: Human Science and Human Care) Thinking Animals: Animals and the Development of Human Intelligence Animals, Animals, Animals! Mad Libs Junior FARTING ANIMALS COLORING BOOK (32 Fun Designs): Lion,Cat,Fox,Horse,Monkey,Dog,Pig,Bear,Tiger and other hilarious farting animals. Coloring is Fun (Animals Coloring Book) Book for kids: 30 Most Poisonous Animals in the World that You Should Know!: Incredible Facts & Photos to the Some of the Most Venomous Animals on Earth (Deadliest Animals) Book for kids: 30 Most Poisonous Animals in the World that You Should Know! : Incredible Facts & Photos to the Some of the Most Venomous Animals on Earth (Deadliest Animals 2) Wee Sing Animals, Animals, Animals "I'm Home!" a Cat's Never Ending Love Story: Pets Past Lives, Animal Reincarnation, Animal Communication, Animals Soul Contracts, Animals Afterlife & Animals Spirits Animals Make Us Human Best of the Best from Louisiana 2: Selected Recipes from Louisiana's Favorite Cookbooks (Best of the Best from Louisiana II) Best of the Best from Hawaii: Selected Recipes from Hawaii's Favorite Cookbooks (Best of the Best State Cookbook) Best of the Best from Hawaii Cookbook: Selected Recipes from Hawaii's Favorite Cookbooks (Best of the Best State Cookbooks) Best of the Best from Michigan Cookbook: Selected Recipes from Michigan's Favorite Cookbooks (Best of the Best Cookbook)